

disabilities act that are making life of disabled person a lot more easier .

Disabled is a term used, to describe an individual whose specific physical or mental condition or infirmity or impairment limits his or her ability to carry out certain responsibilities. The condition may be partial or total. It may be temporary or permanent.

A person with a disability is one who is totally or partially disabled with respect to his/her bodily, material, mental, communicative, academic or psychological capabilities, to the extent that it compromises the ability of that person to meet his/her normal needs as compared to his/her non-disabled counterparts.

Persons with disabilities' refer to individuals who have one or more of the following disabilities: visual disability, hearing disability, cognitive disability, motor disability, learning disabilities, speech and language impairments, behavioural problems, pervasive developmental delay, multi-disabilities, and other disabilities which require special care.

- **Main types of disabilities**

There are various types of disability like cognitive disabilities, deafness, hearing disabilities, learning disability, mental disabilities, physical disabilities, reading disabilities and visual.

The main types of disabilities are:

- 1. Visual Disabilities:** This includes person who has no vision or partial vision. This can also include person suffering from color blindness and vision disorder due to old age.
- 2. Hearing Disabilities:** This includes the person who is not able to hear anything completely or partially and requires hearing aid to listen.
- 3. Physical Disability:** This includes the person who is not able to move some parts of the body. This includes amputation, Multiple

Sclerosis, Cerebral Palsy, Stroke, paralysis, Muscular Dystrophy, Arthritis and spinal cord injury.

4. Cognitive Disabilities: This includes person who is not able to learn, read, write or spell out things. This could include mental retardation when a person is not at all able to learn or understand

- **Disability Causes:**

There are many social, environmental and physical causes of disability, although for some a definitive cause may never be determined. Common factors causing disability include:

- Traumatic brain injury resulting from accidental causes or physical abuse (blunt force, shaken baby syndrome),
- Infection before, during or after birth,
- Growth or nutrition problems.
- Abnormalities of chromosomes and genes,
- Birth long before the expected birth date – also called extreme prematurity,
- Poor maternal diet and absent or minimal health care,
- Drug abuse during pregnancy, including alcohol intake and smoking,
- Drug – related prenatal developmental insult from prescription or over – the – counter drugs,
- Environmental toxins,
- Swvere physical maltreatment (child abuse), with may have caused brain injury and which can adversely affect a child's learning abilities and socio – emotional development.
- Road accidents.
- Work accidents.
- Wars.
- Natural and industry disasters.

- **Some required preventive programs to eliminate the causes of disability:**

- 1- Marriage guidance
- 2- Following the prevention procedures of accidents
- 3- Giving due care to pregnant mothers.