

Sclerosis, Cerebral Palsy, Stroke, paralysis, Muscular Dystrophy, Arthritis and spinal cord injury.

4. Cognitive Disabilities: This includes person who is not able to learn, read, write or spell out things. This could include mental retardation when a person is not at all able to learn or understand

- **Disability Causes:**

There are many social, environmental and physical causes of disability, although for some a definitive cause may never be determined. Common factors causing disability include:

- Traumatic brain injury resulting from accidental causes or physical abuse (blunt force, shaken baby syndrome),
- Infection before, during or after birth,
- Growth or nutrition problems.
- Abnormalities of chromosomes and genes,
- Birth long before the expected birth date – also called extreme prematurity,
- Poor maternal diet and absent or minimal health care,
- Drug abuse during pregnancy, including alcohol intake and smoking,
- Drug – related prenatal developmental insult from prescription or over – the – counter drugs,
- Environmental toxins,
- Swvere physical maltreatment (child abuse), with may have caused brain injury and which can adversely affect a child's learning abilities and socio – emotional development.
- Road accidents.
- Work accidents.
- Wars.
- Natural and industry disasters.

- **Some required preventive programs to eliminate the causes of disability:**

- 1- Marriage guidance
- 2- Following the prevention procedures of accidents
- 3- Giving due care to pregnant mothers.