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LIST OF ABBREVIATIONS

5HT	5-Hydroxy Tryptamine
AAP	The American Academy of pediatrics
ABG	Arterial Blood Gases
ACP	American College of Physicians
ACTH	Adreno-Cortico-trophic hormone
APA	American Psychiatric Association
BDI	Beck Depression Inventory
BLT	Bright Light Therapy
BMI	Body Mass Index
BUN	Blood urea Nitrogen
CBC	Complete Blood Count
CBT	Cognitive behavioral therapy
CES-D	Center For Epidemiological Studies- Depression Scale
CNS	Central Nervous System
CO- MED	Combing Medications to Enhance Depression Outcomes
CRF	Corticotropin releasing factor
CRH	Corticotropin releasing Hormone
CSF	Cerebro-spinal fluid
CT min	Core body Temperature minimum
DA	Dopamine
DBS	Deep brain stimulation
DSM-IV-TR	Diagnostic and statistical manual of Mental Disorders, fourth edition, text revision
DSM-V	Diagnostic and statistical Manual of mental Disorders, Fifth edition
DST	Dexamethasone suppression test
ECT	Electroconvulsive therapy
ED	Eating disorders
FDA	Food and Drug Administration
GABA	8- Amino butyric acid
GDS	Geriatric Depression Scale
HbA1c	Glycosylated Haemoglobin
HDRS	Hamilton Depression Rating Scale
HIV	Human Immuno-deficiency virus
HPA	Hypothalamic-Pituitary-Adrenal

ICSD	International classification of sleep disorders
LFTs	Liver Function Tests
MAOIs	Monoamine Oxidase Inhibitors
MDD	Major depressive disorder
MRI	Magnetic Resonance Imaging
mRNA	Messenger ribonucleic Acid
NE	Norepinephrine
NEDQ	Night Eating Diagnostic Questionnaire
NEQ	Night Eating Questionnaire
NES	Night Eating Syndrome
NESHI	Night Eating syndrome History and Inventory
NESQ	Night Eating syndrome Questionnaire
NOS	Not otherwise Specified
OSA	Obstructive sleep apnea
PET	Positron Emission Tomography
PHQ-9	Patient health questionnaire-9
PLMD	Periodic leg movement disorder
PTSD	Post-traumatic stress disorder
REM	Rapid eye movement
RLS	Restless leg syndrome
RPR	Rapid Plasma Reagin
SERT	Serotonin Transporter
SNRIs	Selective Serotonin – Norepinephrine Reuptake Inhibitors
SPECT	Single – Photon Emission Computed Tomography
SRED	Sleep-related Eating Disorder
SSRIs	Selective Serotonin Reuptake Inhibitors
TCAs	Tricyclic Antidepressants
TMS	Trans-cranial Magnetic Stimulation
TSH	Thyroid – Stimulating Hormone
UV	Ultraviolet
VNS	Vagus Nerve Stimulation
WALI	Weight and lifestyle Inventory
WHO	World Health organization