

LIST OF TABLES

Table	Page
I. Socio-demographic features of breast-fed infants	15
II. Mother's education of the studied infants	16
III. Mother's age of the studied infants	16
IV. Breast feeding history of the studied infants.....	18
V. Frequency of breast feeding.....	19
VI. Weaning practice of the studied infants.....	20
VII. Type of food intake by the studied infants.....	21
VIII. Micronutrient supplementation.....	22
IX. Duration of micronutrient supplementation.....	23
X. Comparison between 3 & 6 months age groups as regard gross motor development (in percentile)	25
XI. Comparison between 3 & 6 months age groups as regard fine motor development.....	29
XII. Comparison between 3 & 6 months age groups as regard social & Language development.....	30
XIII. Medical history of the studied infants.....	32
XIV. Number of attacks.....	33
XV. Number of hospital admission	34
XVI. Relation between family history and infants skin allergy and time of food introduction.....	35
XVII. Relation between family history and infants respiratory allergy and time of food introduction.....	36
XVIII. Relation between family history and infants GIT allergy and time of food introduction.....	37
XIX. Comparison between 3 & 6 months age groups as regard anthropometric measurements (in percentile)	39

List of Figures

Figure	Page
1. Energy required by age and the amount from breast milk.....	4
2. Factors affecting linear growth during the period of complementary feeding,	6
3. Timing of Introduction of Complementary Food, short- and Long-Term Health Consequences.....	9
4. Relation between time of food introduction and time of sitting down without support in percentile.....	26
5. Relation between time of food introduction and time of standing up with support in percentile.....	26
6. Relation between time of food introduction and time of hand –knee crawling in percentile.....	27
7. Relation between time of food introduction and time of walking with assistance in percentile.....	27
8. Relation between time of food introduction and time of standing alone in percentile...	28
9. Relation between time of food introduction and time of walking alone in percentile....	28
10. Relation between time of food introduction and infant's weight in percentile.....	40
11. Relation between time of food introduction and infant's length in percentile.....	40
12. Relation between time of food introduction and infant's head circumference in percentile.....	41

LIST OF ABBREVIATIONS

AAP	American Academy of Pediatrics.
ESPGHAN	European Society of Pediatric Gastroenterology, Hepatology and Nutrition.
ISAAC	The International Study of Asthma and Allergies in Childhood.
PROBIT	Promotion of Breastfeeding Intervention Trial
UNICEF	United Nations Children's Fund
WHO	World Health Organization