

**PAROXYSMAL DELUSIONAL STATE IN
A POST-ENCEPHALITIC**

By

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This is the record of a case under care and treatment in hospital since 1941, presenting peculiarities which render it an interesting and rare delusional state of intermittent character and short duration; for these reasons I ventured to coin the above term for that condition.

A.M., a male patient, single, 45 years old, had been working as a clerk. Father died in 1924 from apoplexy. He had one brother and two sisters, one of them suffering from migraine. Mother had hypertension, otherwise, there was no history of nervous or mental disease in the family. He developed quite normally up to the age of seven, when he had a fever of unknown nature and he recovered completely in one month. At school, he was forward in arithmetic and poor in geography and history. During childhood he was sensitive, timid, shy and seclusive. As a youth, he became a good dancer and played the piano well. At that time, he became more sociable and less timid. He started work in 1914 as an apprentice clerk. In 1919, he had a severe fever for about one month, and he was unaware of his surroundings from the beginning and was unable to identify his relatives. He had severe mental disturbances, visual hallucinations, but no remembrance of diplopia. When he recovered, it left behind an intractable insomnia which did not respond to any medical treatment. In 1920, he left for the Sudan and shortly after his arrival the insomnia disappeared, but he continued to be physically weak and as he stated "nervously unstable". In 1924 he started to have tremors of the left thumb. In the same year, there were political riots in the Sudan and that caused him great fear. He remained once for three days without food or sleep on account of his extreme terror of being killed by the rioters. Afterwards, he suffered from slowness in calculations and slowness in movement. In 1926, he worked in a plantation station in the Sudan as a cashier. It was a solitary place, far