

# T t

**T** تماماً إلى حد الكمال

to a T (perfectly)

e.g. That hat suits you to a T.

**table**

**bring sb to the (bargaining/peace etc)**

**table** يقنع شخصاً أو دولة بالاشتراك في مفاوضات تؤدي إلى حل مشكلة

e.g. We hope to be able to bring the warring factions to the negotiating table to try to end this conflict.

**come to the (bargaining/peace) etc) table**

e.g. You have to be prepared to make concessions when you come to the bargaining table.

**drink sb under the table**

يجعل شخصاً غيره يشرب حتى يشمل أو حتى لا يستطيع الاستزادة (ويبقى هو دون سكر)

e.g. I went out with my boss last night and succeeded in drinking him under the table.

**on the table**

(خطة) علنية وواضحة أمام الكل

e.g. The offer on the table is an 5% increase on last year's wages.

(خطة) معروضة للبحث

e.g. The committee agreed to leave the option to build a stadium in the city on the table.

**under the table**

سراً (عادة لأن الشيء غير قانوني)

e.g. A lot of these people work 80 hours a week with all or half of their salaries paid under the table.

**under-the-table**

e.g. There have been allegations of under-

the-table payments to football players.

**tables**

**turn the tables on sb**

يقطب الوضع، يعكس الآية

e.g. She turned the tables on her rival with allegations of corruption.

**the tables are turned**

e.g. In the past it was always Dan who was having affairs while Lucy stuck by him.

Now the tables are turned.

**tabs**

**keep tabs on sth / sb** تراقب شخصاً أو موقفاً لتعرف عنه كل شيء ، لتكن على معرفة

e.g. I like to keep tabs on my bank balance so I don't get overdrawn.

e.g. I get the feeling he's keeping tabs on me and watching my every move.

**tack**

**change tack**

**try a different tack**

تستعمل أسلوباً مختلفاً في تعاملك مع الناس

e.g. I've been very pleasant with them so far but if they don't cooperate I may have to change tack.

**on hard tack** (مفلس، على الحديدية (ع)

e.g. Are you coming to the pub for a drink? 'Sorry, I can't. I'm on hard tack this week.'

**tail**

**the tail end of sth** طرف، نهاية شيء

e.g. I just caught the tail end of the news.

**the tail wagging the dog** وضع مقلوب

e.g. Steve thinks we should buy an orange carpet to match the lampshade but I think that would be a case of the tail wagging the dog.

**be (sitting) on your tail**

سيارة تسير خلفك مباشرة

**e.g.** That Volvo's been sitting on my tail for the past ten minutes and it's starting to really annoy me.

**get off you tail**

انهض، دع الكسل وابدأ العمل (عامية جداً)

**e.g.** You've just got to get off your tail and start looking for a job.

**turn tail** يفر ، يهرب (عادة من الخوف)

**e.g.** When I saw him my first impulse was to turn tail and flee.

**with your tail between your legs**

ذليل ومنكس الرأس كالكلب ذنبه بين رجليه

**e.g.** The losing team walked off with their tails between their legs.

**with one's tail up/down**

في حالة معنوية عالية (والعكس في حالة معنوية سيئة)

**e.g.** The members of the team were worried because of the captain's illness but after winning their first game, they've got their tails up and have a good chance of winning the competition.

**tailor**

**tailor-made** مفصل على مقياس شخص

**e.g.** The role of Emma was tailor-made for her.

**tailor-made** مفصل لغرض ما - معد مخصوص

**e.g.** Business schools are offering courses tailor-made for a firm's executives.

**take**

**take sth as it comes**

ياخذ الشيء على علته ، ياخذ على ما هو عليه

**e.g.** At my age you take every day as it comes.

**take it from me** خذها مني نصيحة

**e.g.** Take it from me. If you start ironing a man's shirts, you'll be doing it for the rest of your life.

**take it or leave it** (في حالة عرض شيء)

خذها أو اتركها (فأنا لن أغير رأبي في العرض)

**e.g.** That's my final offer. Take it or leave it.

**take the cake**

**take the biscuit** إنه قد قام بعمل سيئ

**e.g.** She's been opening my letters. She really takes the cake.

**I can take it or leave it**

المسألة سيان ، لا أحب الشيء ولا أكرهه

**e.g.** My sister's absolutely crazy about chocolate whereas I can take it or leave it.

**taken**

**have taken leave of your senses**

اختل عقلك ، جننت (تعبير قديم)

**e.g.** You're leaving your family and your job to travel round the world, at your age?

Have you taken leave of your senses?

**taking**

**be yours for taking**

**be there for the taking**

تحت أمرك ، ما عليك إلا أن تأخذها

**e.g.** If you're interested in the job, it's there for the taking.

**be like taking candy from a baby**

**be as easy as taking candy from a baby**

الموضوع في منتهى السهولة

**e.g.** Beating them was the easiest thing in the world. It was like taking a candy from a baby.

**tale**

**live to tell the tale** تنجو من خطر أو تجربة مريرة

**e.g.** I should imagine very few people have fallen from that height and lived to tell the tale.

**thereby/therein hangs a tale**

وراء هذا الموضوع قصة (عندما تسأل عن شيء يطول تفسيره) (فكاهي)

**e.g.** So what were you doing in Nick's Garage at three o'clock in the morning?

'Ah, thereby hangs a tale.

**tales**

**tell tales** النميمة، تتكلم بالسوء عن شخص  
عند رؤسائه مثلاً لتسبب له المشاكل

e.g. I had half a mind to tell my boss about him but I didn't want her to think I was telling tales.

**tell-tales**

e.g. Bullying often goes unreported because children don't want to be seen as tell-tales.

**talk****be all talk (and no action)**

كلام يدل على الشجاعة والإقدام لكن دون أفعال  
e.g. He's always saying that he's going to leave and get another job but he'll never do it. It's all talk.

**be the talk of the town** يكون موضوع الساعة،  
الموضوع الذي يتكلم فيه كل الناس حديث المدينة

e.g. I didn't realize anyone knew I was seeing Pete at the time. It was the talk of the town Kath town.

**could talk under water****could talk under wet cement**

عنده ما يقوله في كل المواضيع  
e.g. Most of our guests were very quiet, but Harry could talk under water, so he kept the conversation going.

**you can talk !****you should talk**

ما تقوله رداً على من ينتقد شخصاً والعيب فيه  
e.g. And you're telling me I'm lazy? you should talk!

**talking****be like talking to a brick wall**

يكلم شخصاً لا يصفى إليه  
e.g. I've tried to discuss my feelings with her, but it's like talking to a brick wall.

**be talking through your hat**

تتكلم مدعيًا الخبرة بموضوع وأنت في الحقيقة لا  
تعرف عنه شيئاً (تعبير قديم)

e.g. The man's talking through his hat. He doesn't know the first thing about banking.

**look who's talking**

يعيب على شخص والعيب فيه أو شخص غير مهم  
e.g. She drinks too much, that's her problem. 'Look who's talking!'

**Now you're talking!**

على رأيك (ع) ، توافق على اقتراح أحسن من اقتراحك  
e.g. Or we could go out for dinner if you prefer. 'now you're talking!'

**tall**

**a tall story/tale** قصة مبالغ فيها، قصة لا تصدق  
e.g. He told me a tall story about having met some top models in a nightclub.

**be a tall order** عمل صعب يستدعي جهداً  
e.g. They've given us three weeks to get the project finished. 'That's a tall order'.

**stand/walk tall** تنباهي بنفسك وقدراتك  
e.g. For the first time in living memory, we have a leader who can stand tall in international gatherings.

**tandem****in tandem**

شيطان سويان مترادفان، شخصان يعملان معاً في  
e.g. She often works in tandem with a psychologist, one writing the software and the other advising on likely user reaction.

**tangent****go off on a tangent****go off at a tangent**

(شخص) فجأة يتكلم خارج الموضوع  
e.g. We were talking about property prices and you went off on a tangent.

**tangled****a tangled web**

موضوع معقد متشابك الأطراف - مشكلة شائكة

e.g. The inquiry revealed a tangled web of fraud and deception among the agents.

**tanked**

**tanked up**

be tanked up في حالة سُكر - سُكران

e.g. We were tanked up on gin and orange juice.

**tap**

on tap (لشيء أو شخص) جاهز للاستعمال ، حاضر للخدمة

e.g. Working in a library, I have all this information on tap.

**taped**

have sb taped تعرف معرفة تامة أن شخصاً  
يقترف عملاً سيئاً وتستعد للتعامل مع الموضوع  
بدون خوف

e.g. Spencer doesn't worry me. I've got him taped.

**tar**

**beat/knock the tar out of sb**

تستمر في ضرب شخص، أو تهزمه نهائياً

e.g. We used to fight a lot when we were kids and he always beat the tar out of me.

e.g. He was tired of her knocking the tar out of him when they played checkers.

**task**

take sb to task يحاسب بشدة، يؤاخذ، يوبخ

e.g. She took my father to task for getting drunk at my cousin's wedding.

**tea**

tea and sympathy حنان وتعاطف (تعبير قديم)

e.g. Sometimes people want practical advice and sometimes they just want tea and sympathy.

would not do sth for all the tea in China

يعاند، لن يقوم بالعمل مهما حاولت معه (تعبير قديم)

e.g. I wouldn't be a teacher for all the tea in China.

tears

it'll (all) end in tears

موضوع ينتهي نهاية مؤسفة لكل الأطراف

e.g. She only met him in May and they were married by July. It'll end in tears, you'll see.

reduce sb to tears يبكي، يجعل شخصاً يبكي

e.g. His classmates jeered, reducing him to tears.

tee

to a tee ممتاز، كامل، سليم بلا عيوب

e.g. The beef was cooked to a tee.

teeth

cut your teeth

تبدأ في عمل وتندرب عليه حتى تجيده، تكتسب خبرة من (شيء ما) تتعلم منه

e.g. She cut her teeth on a local newspaper before landing a job on a national daily.

get/sink your teeth into sth

تقوم بعمل بنشاط وحماس

e.g. It's a really an exciting project. I can't wait to sink my teeth into it.

grit your teeth

تقبل موقفاً صعباً وتصمم على التعامل معه

e.g. I can't do anything to change the situation so I'll just have to grit my teeth and put up with it.

have teeth ذو نفوذ وقوة تُرغم على طاعته

e.g. The committee can make recommendations but it has no real teeth.

in the teeth of رُغم أنف

e.g. The road was built in the teeth of fierce opposition from environmentalists.

lie through your teeth

يكذب دون حياء أو خجل، يُعمن في الكذب

e.g. The man is lying through his teeth. He never said anything of the sort.

**show your teeth** يكشر عن أنيابه غضباً

e.g. Come on, let him know you're angry - Show your teeth!

### teething

#### teething problems / troubles

متاعب التسنين - متاعب تواجه في بداية كل مشروع

e.g. There were the usual teething troubles at the start of the project, but that's to be expected.

e.g. Many marriages go through teething problems in the first few months.

### tell

#### tell sb where to get off

يوضح لشخص متى يلزم حده

e.g. She wanted to borrow money again so I told her where to get off.

#### tell it like it is

يصف موقفاً كما هو بأمانة (دون أن يخفي شيئاً)

e.g. There's no point pretending to young women that having a baby doesn't hurt.

You've got to tell it like it is.

#### Tell me about it !

تقول هذه العبارة على سبيل التعاطف مع شخص عنده نفس مشكلتك (عامية)

e.g. I've got so much work to do. 'Tell me about it!'

#### Tell me another (one)

قل شيئاً آخر! (أنا لا أصدقك) (عامية)

e.g. I never drive over the speed limit. 'oh, yeah? Tell me another one.'

### telling

**you're telling me** تقول هذه العبارة لتأكيد

أنك مررت بنفس التجربة وتعرفها جيداً (عامية)

e.g. Brenda's really bad-tempered these days. You're telling me.

### tempers

#### tempers fray

**tempers become frayed** يستشيط الناس غضباً

e.g. Tempers become frayed when, after waiting for hours, we were told there were no tickets left.

#### frayed tempers

e.g. Traffic jams inevitably lead to frayed tempers.

### tempest

**a tempest in a teapot** زويعة في فنجان (ع.م) - عندما يغضب الناس من شيء تافه

e.g. The whole affair is just a tempest in a teapot. In a couple of months everyone will have forgotten about it.

### tempt

#### tempt fate/providence

يعاند الأقدار ، يجلب على نفسه الشر

e.g. I always feel it's tempting fate to leave the house without an umbrella.

e.g. It's probably tempting fate to say so, but I haven't had a cold all year.

### tender

#### leave sb to sb's tender mercies

ترك شخصاً تحت رعاية وعناية أو رحمة شخص

آخر (وأنت لا تنتظر منه رحمة ولا رعاية) (فكاهي)

e.g. Should I have a word with her myself or leave her to Micks tender mercies?

### tenterhooks

#### on tenterhooks

على أحر من الجمر قلقاً أو انتظاراً

e.g. She waited on tenterhooks for James to call. We were kept on tenterhooks all morning waiting for his decision.

### term

#### in the long/medium/short term

على المدى الطويل، المتوسط، القصير

e.g. Cuts in company spending now should lead to profits in the long term. In the short term temporary housing will be provided for all of the flood victims.

e.g. Medium term funding may be offered to help start new projects in developing countries.

terms

**be on good terms with sb**

على علاقة طيبة مع شخص

e.g. We were always on good terms with our neighbours.

**opposite be on bad terms with sb**

على علاقة سيئة مع

e.g. It doesn't help matters if you're on bad terms with your doctor.

**come to terms with sth**

تقبل وتتواءم مع موقف صعب أو تتصالح مع

e.g. She's never really come to terms with her son's death. It's very hard coming to terms with the fact that you'll never have children.

territory

**come/go with the territory** شيء يجب

تقبله على أنه جزء لا يتجزأ من مواصفات العمل

e.g. If you're a goalkeeper, you've got to expect injuries. It comes with the territory.

e.g. He is a public figure, and so a certain amount of media intrusion goes with the territory.

test

**stand the test of time**

يستمر مع الأيام، لا يمحوه الزمن، يواجه الزمن

e.g. Very little of the drama from this period has stood the test of time.

tête à tête

tête à tête حديث خاص بين اثنين على انفراد

e.g. They were obviously having a romantic tête à tête so I didn't disturb them.

e.g. Tête à tête. We dined tête à tête (على) (على أفراد) in a cosy little French restaurant near the river.

thanks

**no thanks to sb** ولا فضل له

e.g. Well, we've finished the painting no thanks to Sandra who suddenly decided she had to go away for the weekend.

that

**and that's that** كناية عن أنه لن يغير رأيه - المتكلم يصر على رأيه ، ويس (ع)

e.g. Anyway I'm not going to the wedding and that's that.

them

**them and us** مجموعتان من الناس، مجموعة تعتبر نفسها أقوى وأفضل وعلى ذلك لا يجمع بينهما حب

e.g. Separate restaurants for managers and staff reinforced the them and us divide.

there

**there and then** فوراً ، فى الحال

**then and there**

e.g. She booked me in to see the consultant there and then.

**there, there** كلمات ترددها لتهدئة شخص أو طفل عادة (تعبير قديم)

e.g. There, there, you'll feel better in a minute.

**you've got me there**

تعبير تقوله عندما لا تعرف الإجابة عن سؤال

e.g. How many miles is five kilometers?

'You've got me there.

thick

**be as thick as thieves** على علاقة وثيقة ومقربة جداً ، تجمعهم أسرار (تعبير قديم)

e.g. I'm sure she tells Ruth what's going on. They're as thick as thieves, those two.

**be as thick as two short planks**

غبي جداً - مخه تخين (ع.م) (عامية)

**be as thick as shit** (محظور) غبي

e.g. He might be good looking but he's

thick as two short planks.

Most of the people who read these papers

are as thick as shit anyway.

**be in the thick of sth**

في صميم، في معمعة، في غمرة

e.g. A fierce debate ensued and he found

himself in the thick of it .

**through thick and thin**

في السراء والضراء ، في الخير والشر

e.g. That's what relationships are about.

You stick with someone through thick and

thin.

**thick-skinned****thick skinned** سميك الجلد، متبلد

e.g. You have to be a bit harsher than that with Caroline to offend her. She's pretty

thick-skinned.

**a thick skin**

e.g. As a politician, you get so much criticism levelled at you that you eventually develop a thick skin.

**thin****the thin edge of the wedge**

بداية لشيء ضار ومؤذ

e.g. There are those who see the closure of the hospital as the thin end of the wedge.

**be (skating/walking) on thin ice.**

تغامر، تخاطر

e.g. They knew that by publishing the article they were skating on thin ice.

**be as thin as a rake****be as thin as a rail** يكون نحيفاً جداً ورفيعاً جداً

e.g. He eats like a horse and yet he's as thin

as a rake.

**be as thin as a stick** نحيف جداً أو رفيع جداً

e.g. She used to be as thin as a stick.

**be thin on top** في طريقه إلى الصلع

e.g. He hasn't gone grey but he's a bit thin on top.

**have a thin time (of it)** تمر بضائقة مالية

e.g. Rob lost his job last year and they've been having a thin time of it.

**out of thin air****from thin air** يخلق شيئاً من لا شيء

e.g. You can't just create wealth from thin air.

**disappear/vanish into thin air** يختفي

e.g. He ran away eight years ago and it was as though he vanished into thin air.

**spread yourself too thin**

تقوم بأعمال كثيرة في وقت واحد فلا تتقن منها شيئاً

e.g. I realised I'd been spreading myself too thin so I resigned as secretary of the golf club.

**wear thin** يبلى، يتلاشى، على وشك الانتهاء

e.g. I've warned you several times about being late and my patience is wearing thin.

e.g. This excuse about not having enough staff to run the trains is wearing rather thin, don't you think?

**thing****be a thing of the past** شيء من الماضي،

شيء ليس له وجود في الوقت الحاضر

e.g. When video recorders were introduced, people said that the cinema would be a thing of the past.

**the best/greatest thing since sliced bread**

أحسن شيء في الوجود

e.g. Portable phones are marketed as the best thing since sliced bread, but to me they're just another expensive gadget.

**the done thing**

**the thing to do** ، الإجراء السليم المعمول به ،  
الشيء الشائع، الأمر المتعارف عليه

e.g. Wearing jeans in an office environment isn't really the done thing.

**have a thing about sth/sb**

متحيز مع أو ضد، لديه شعور مجذ أو معارض لشيء

e.g. I've got a thing about jackets. I must have twenty or so in my wardrobe.

Andrew's got a thing about children's TV presenters. He absolutely can't stand them.

**know a thing or two**

عنده خبرات عملية ومعلومات تعلمها من التجربة

e.g. My uncle grew up on a farm and knows a thing or two about looking after animals.

**things****things have come to/reached a pretty pass**

لقد تأزم الموقف

e.g. Things have come to a pretty pass when old people are dying of hypothermia because they can't afford to heat their homes.

**be all things to all men**

لن تستطيع إرضاء كل الناس

e.g. You can't possibly keep everyone happy and you've just got to realize that you can't be all things to all men.

**(all) other things being equal**

إذا سارت الأمور كما أتوقع

**all things being equal**

e.g. All things being equal, I should be home by Thursday.

**think****I dread/shudder to think**

يقشعرك بدناك عندما تفكر في شيء مزعج

e.g. He was going so fast. I dread to think what would have happened if my brakes

hadn't worked.

**thinking****the thinking man's/woman's crumpet**

رجل محبوب من الجنس الآخر لأنه جذاب جنسياً  
وذكى - امرأة محبوبة من الجنس الآخر لأنها جذابة  
جنسياً وذكية

e.g. Paxman has apparently grown weary of being labelled the thinking woman's crumpet.

**put your thinking cap on**

(شخص) يفكر في الموضوع بجدية

e.g. Let me put my thinking cap on and see if I can come up with an answer.

**if sb thinks sth., they've got another**

thing/think coming! عبارة تقولها لشخص

يريد أن يكلفك بعمل وأنت لا تريد القيام به. (عامية)

e.g. If he thinks I'm going to do the work for free, he's got another think coming!

**think-tank**

**a think-tank** مجموعة من الأفراد تكلفهم الحكومة

أو منظمة بإعطاء المشورة وتقديم المقترحات

e.g. The pamphlet was published by the Adam Smith Institute, a right-wing think-tank.

**thin skinned**

(شخص) حساس يغضب من أى نقد بسهولة

e.g. You can't be too thin-skinned if you're in the public eye.

**third****the third degree**

استجواب

e.g. Where have I been, who have I been with! What's this? The third degree?

e.g. I got the third degree from my dad when I got in last night.

**thorn**

**be a thorn in sb's flesh/side** شوكة في جنب

(فلان) أمر ينفص عليه حياته، مصدر قلق ومتاعب

e.g. A relentless campaigner, he was a

thorn in the government's side for years.

**thought**

**I thought as much**

(عندما تقول) بالضبط كما ظننت

e.g. So they are having an affair? I thought as much!

**Perish the thought** شيء تقوله عندما تتمنى عدم حدوث شيء، بعيد الشر! (ع.م)

e.g. If his father came to live with us, perish the thought, I can't imagine what strain that would put on our relationship.

**thread**

**hang by a thread** آيل للسقوط، على وشك الفشل

e.g. Peace and democracy hang by a thread in this troubled country.

**threads**

**pick up the threads of sth**

يستأنف، يعود إلى متابعة ما كان يصدده

e.g. In 1997, I came out of prison and tried to pick up the threads of my life.

**three**

**the three R's**

(كناية) عن القراءة، والكتابة والحساب

e.g. By the age of 6, all our pupils have a firm grasp of the three R's.

**be three sheets to the wind**

سكران (تعبير قديم)

e.g. Bobby was already three sheets to the wind when we arrived.

**three ring**

**a three-ring circus** مولد (ع.م)، ضجة

وهرج ومرج وأصوات صاخبة

e.g. It's a three-ring circus in that classroom.

The kids can't possibly be learning anything.

**threshold**

١. على أعتاب

e.g. He was on the threshold of a great career.

(موقف) على وشك الحدث

e.g. We are standing on the threshold of environmental collapse.

**thrilled**

**be thrilled to bits**

**be thrilled to pieces** في منتهى السعادة

e.g. 'So what did your parents say when they heard you were pregnant?' 'Oh, they were thrilled to bits.'

**throat**

**jump down sb's throat** (ع.م) يمسك بخناقته

يهاجم بعنف، يتهجم على، يقطع كلامه بعنف

e.g. She's been very irritable recently, jumping down my throat every time I open my mouth.

**ram sth. down sb's throat**

يقحم أفكاره على (شخص)، يرغمه على تقبلها بالقوة

e.g. He's a committed Christian but he doesn't ram it down your throat.

**take sth by the throat**

يصمم على التعامل مع الموضوع

e.g. The Rockets took this game by the throat in the first quarter and never let go till the final minutes.

**throats**

**be at each other's throats**

(شخصان) يتشاجران، يتجادلان، يشتبكان في عراك

e.g. When we lived together we were always at each other's throats.

**throes**

**be in the throes of sth/doing sth**

في حالة من العناء، في فترة معاناة

e.g. The country is presently in the throes of the worst recession since the second world war.

**through**

**be a (londoner/patriot/politician etc)**

**through and through**

**be (French/good/honest etc) through and through** تلبًا وتلبًا

e.g. She never really settled in England.

She was French through and through.

**know sb. through and through**

تعرف (شخصاً) معرفة كلية أى تعرف كل شيء عنه  
e.g. She tried to hide her disappointment, but I know her through and through and I could tell she was upset.

**throw**

**throw in the sponge/towel**

يستسلم ، يعلن فشله ، يقر بالهزيمة  
e.g. Three of the candidates have now thrown in the towel.

**thumb**

**be under sb thumb**

تكون تحت سيطرة شخص ما  
e.g. The committee is firmly under his thumb and will agree to whatever he asks.

**be under the thumb** رجل تحت سيطرة زوجته  
e.g. He won't be able to do any of this without his wife's permission. He's under the thumb these days.

**thumbs**

**be all fingers and thumbs**

تكون تحت سيطرة شخص ما  
e.g. Can you thread this needle for me? I'm all thumbs today. You know when you get nervous and you're all fingers and thumbs.

لا تمتلك القدرة على الأعمال اليدوية

**give sth the thumbs down** يرفض الشيء

e.g. The committee gave my suggestion the thumbs' down.

**give sth thumbs up**

يرفع الإبهام كناية عن الاستحسان والموافقة  
e.g. We all gave Mary's cake the thumbs up.

**get the thumbs up**

e.g. We got the thumbs up for the council to hold fire works on the village green.

**twiddle your thumbs** منشغل بالتوافه، يهدر وقته، يطقق أصابعه (فى انتظار حدوث شيء)

e.g. Until I get the go-ahead, I'm just sitting around twiddling my thumbs.

**thunder**

**have a face like thunder**

**look like thunder**

(لشخص) تعبير الغضب الشديد على وجهه  
e.g. I don't know what had happened but he had a look like thunder.

She didn't say anything but she looked like thunder.

**steal sb's thunder** يقوم بعمل شيء ينتزع به اهتمام الناس بشخص آخر - يسرق الفرحة

e.g. I kept quiet about my pregnancy because Cathy was getting married, and I didn't want to steal her thunder.

**tick**

تعرف ما يؤثر فى شخص ما  
e.g. A good salesman knows what makes a customer tick.

**tickled**

**be tickled pink/to death**

تكون فى غاية السعادة من جراء موضوع  
e.g. Val was tickled pink when Susan asked her to be bridesmaid at her wedding.

**tide**

**tide**

**drift with the tide** ينساق مع التيار، من يوافق على ما يوافق عليه الناس دون تفكير منفرد

e.g. We are looking for someone with the ability to lead rather than just drift with the tide.

**go/swim against the tide**

يتعارض مع التيار، يقف ضد ما يؤمن به الآخرون  
**e.g.** He always seemed to be swimming  
 against the tide of public opinion.

**opposite go/swim with the tide**

**e.g.** If you don't feel strongly about an  
 issue, you may as well just swim with the  
 tide.

**stem the tide** يمنع شيئاً سيئاً من الحدوث،  
 يقتلع الشيء من جذوره

**e.g.** We have to stem the tide of  
 emigration if our economy is to recover .

**turn the tide**

يحول موقف أو آراء الناس إلى الاتجاه الآخر  
**e.g.** The government had planned cuts in  
 the armed forces, but when war broke out,  
 the military saw a chance to turn the tide.

**the tide turns** تختلف الأوضاع

**e.g.** The tide has turned and the cinema is  
 becoming popular again.

**tied**

**be tied to your mother's apron strings**

(رجل) متعلق بوالدته لا يستطيع الاستقلال عنها  
**e.g.** He's 30 but he's still tied to his  
 mother's apron strings.

**tight**

**be in a tight corner/sport**

تكون في مأزق، في موقف حرج  
**e.g.** She had been in tight corners before  
 and had always managed to get out of them.

**keep a tight rein on sb/sth**

**keep sb/sth on a tight rein**

يمسك بزمام الشخص أو الشيء، يسيطر عليه  
**e.g.** He made ends meet by keeping a tight  
 rein on his budget.

Our parents always kept us on a tight rein.

**run a tight ship**

يسيطر على مؤسسة أو منظمة بحزم

**e.g.** Ruth runs a tight ship and has no time  
 for shirkers.

**sit tight** يبقى في مكانه جالساً (عادة) لا يتحرك

**e.g.** Just sit tight while I go phone for help.  
 لا تتصرف وأنت في حالة انتظار حدوث شيء

**e.g.** Shareholders are advised to sit tight  
 and see how the situation develops.

**tight-arse**

**a tight arse** بخيل للغاية، لا يصرف  
 النقود ولا يعطيها لأحد (عامية سوقية)

**e.g.** You won't get a drink out of her, she's  
 a real tight arse.

**tight-arsed**

**be tight -arsed**

الأشياء التافهة تقلقه ، ضيق الأفق

**e.g.** Don't ask Jack to get involved, he's so  
 tight-arsed and really irritating.

**tight-lipped**

**be tight lipped** ١. يبدو عليه تعبير الغضب

**e.g.** Dad was harassed and tight-lipped  
 and I thought he was going to lose his  
 temper.

٢. يصر على عدم الإفصاح عن معلومات

**e.g.** Army spokesmen are tight lipped  
 about planned operations.

**tightrope**

**walk a tightrope**

يتصرف بحرص كمن يمشى على الصراط المستقيم  
**e.g.** Many manufacturers have to walk a  
 tightrope between overpricing their goods  
 and pricing them so low that they make no  
 profit.

**tiles**

**be/go out on the tiles**

الإسراف في الاستمتاع (احتفالاً بمناسبة)

**e.g.** My head is thumping. Oh, yes? Were  
 you out on the tiles last night?

**a night (out) on the tiles**

e.g. Do you fancy going out to a club? It's ages since we had a night on the tiles.

**till****have your fingers/hand in the till**

يمد يده للسرقة من مكان عمله ، يسرق مبالغ صغيرة على فترات من الخدمة

e.g. He had his fingers in the till, that's why he lost his job.

**catch sb with their fingers in the till**

يضبط متلبساً بالسرقة

e.g. Senior officials who get caught with their fingers in the till must expect to be punished very severely.

**time****time after time**

مراراً وتكراراً

e.g. Time after time we were left without electricity.

**time flies when you're having fun**

الزمن الحلو ينتهي بسرعة ، تستعمل العبارة (على سبيل الفكاهة إذا تكلمت عن عمل غير سار)

e.g. "I can't believe we've spent four hours cleaning this carpet." "Well, time flies when you're having fun."

**time flies**

الزمن يجري !

e.g. I can't believe your son is at university already. How time flies .

**time hangs/lies heavy (on sb's hands)**

الزمن يمر ببطيئاً عندما لا تجد ما يشغلك ، شعور بالملل

e.g. Time hangs heavy on your hands in prison.

**Time will tell** هذا ما سيثبت الزمن

e.g. I don't know if this marriage will work, but time will tell.

e.g. Only time will tell if the business will

be successful.

**the time is ripe** الفرصة سانحة

e.g. Many employers feel the time is ripe to give workforces a bigger share of the profits they have helped to create.

**about time too !**

**(And) not before time!** أخيراً (أى أنك كنت تتوقع حدوث ذلك الشيء من زمن بعيد)

e.g. "They're widening the road outside the school." "About time too!"

**be before your time**

شيء حصل قبل ميلادك، قبل عهدك

e.g. Do you remember the Watergate scandal? "No, that was before my time."

**bide your time**

يتحين الفرصة، ينتظر حتى يحين وقته

e.g. She was biding her time until she could get her revenge.

**do time** تقضى أياماً في السجن

e.g. We did time together in Broadmoor.

**for the time being**

حالياً، في الوقت الحاضر، مؤقتاً

e.g. We've decided to do without a car for the time being.

**from time to time** أحياناً، من وقت لآخر

e.g. From time to time we heard a rumble of thunder.

**from/since time immemorial**

من قديم الزمن (تعبير أدبي)

e.g. Her family had farmed that land from time immemorial.

**not give sb the time of day**

تتعالى على شخص فلا تكلمه

e.g. He's so arrogant, he won't even give you the time of day.

**have a lot of time for sb/sth**

تحب شخصاً أو تُعجب به

e.g. I've got a lot of time for Jenny. She always has something interesting to say.

**opposite not have much time for sb/sth**

لا يحب شخصاً أو شيئاً ما

e.g. She doesn't have much time for liberal ideas about dealing with criminals.

**have the time of your life**

وقت تستمتع فيه غاية الاستمتاع

e.g. He had the time of his life working on the ranch.

**have time on your hands** عندك وقت فراغ

e.g. Now that her children are all at school, she has a lot of time on her hands.

**have time on your side**

عندك مزيد من الوقت ، الوقت في صالحك

**time is on your side**

e.g. At twenty-five you still have time on your side.

**kill time** تقتل الوقت من كثرة الفراغ

e.g. We usually play guessing games to kill time at airports.

**mark time** تقوم بعمل ما لا تحبه إلى أن يحين وقت عملك الأصلي

e.g. She's just marking time in her father's shop until it's time to go to the university.

**once upon a time** ١. عبارة تبدأ بها قصة

للأطفال = في يوم من الأيام (تعبير أدبي)

e.g. Once upon a time there lived a young girl called Cinderella.

٢. شيء حدث في الماضي

e.g. Once upon a time, everyone knew each other in this town and nobody bothered to lock their doors.

**pass the time of day with**

يقضى يومه بالتحدث مع أقرانه

e.g. The old man liked to pass the time of day with his neighbours.

**play for time** يكسب وقتاً بتعطيل الموضوع

e.g. We can't sign the agreement yet. We'll have to play for time.

**there's a time and a place**

لكل شيء وقت مناسب ومكان مناسب

e.g. How could she wear a dress like that for a funeral? Honestly there's a time and a place.

**there's no time like the present**

الوقت الحاضر هو الوقت المناسب

e.g. When do you think I should phone Mr. Hughes about the job? 'Well, there's no time like the present'.

**there's no time to lose**

آن الأوان للقيام بالعمل ولا داعي لتضييع الوقت

e.g. Her plane gets at 3' o'clock, so there's no time to lose.

**have no time to lose**

e.g. Come on, we've no time to lose if we want to catch the ferry.

**time-out** وقت مستقطع - وقفة أثناء المناقشة

e.g. Ok, time-out. we can calm down over a cup of coffee.

times

**be behind the times**

متخلف عن الحياة العصرية (تعبير قديم)

e.g. Educationally, these schools are 20 years behind times.

**change/keep up/move with the times**

تغيير نمط حياتك تبعاً لتغير العصر إلى الحدثة

e.g. I don't really like using a computer, but you have to move with the times, I suppose.

tin

**a tin ear** لا يمتلك الأذن الموسيقية

e.g. Even to someone with a tin ear like mine, their singing sounded pretty awful.

**a little tin god**

إنسان مغرور يتصرف وكأنه أهم وأقوى خلق الله

e.g. Have you seen him over there, acting like a little tin god?

**tinker**

**not give a tinker's cuss**

**not give a tinker's damn**

لا يهتمك هذا الشيء أو هذا الشخص (تعبير قديم)

e.g. I don't give a tinker's cuss what she thinks, I'll do what I want.

**tinkle**

give sb a tinkle (تحدثه في التليفون (تعبير قديم)

e.g. Okay then, I'll give you a tinkle when I get home.

**tip**

the tip of the iceberg قمة جبل الثلج، جزء صغير من مشكلة يخفى باقى المشكلة

e.g. The difficulties we've discussed are only the tip of the iceberg.

**be on the tip of your tongue**

شئ تعرفه جيداً وهو على طرف لسانك

e.g. Now what's her name again? "Hang on, it's on the tip of my tongue."

**tired**

be tired and emotional سكران

e.g. "Professor Davis looked a bit tired and emotional, to say the least."

**tit-for-tat**

tit-for-tat واحدة بواحدة - نوع من الانتقام - الإساءة في مقابل إساءة

e.g. Six of the victims died in tit-for-tat attacks.

tit for tat كما تتعامل تُعامل

e.g. I forgot her birthday and so she didn't send me a card either. It was just tit for tat.

**tits**

get on sb's tits يضايق

e.g. You just expect me to clean up after

you the whole time and I tell you it's really getting on my tits.

**tittle-tattle**

النميمة، الكلام عن الناس في غيابهم بما يسئ لهم

e.g. They know that little-tattle about the royal family helps to sell newspapers.

**tizz**

send/throw sb. into a tizz/tizzy

يغضب شخصاً أو يثيره أو يربكه

e.g. The idea of producing a meal for fifty people threw her into a tizzy.

**tizzy**

be in a tizz/tizzy

e.g. The local press is in a complete tizzy about the murders.

**toast**

be the toast of sb تكون محبوباً من الناس

e.g. His charm and wit made him the toast of Paris.

**tod**

on "one's" tod منعزل، وحده

e.g. Poor old Reg was there on his tod, trying to get the job finished.

**today**

here today, gone tomorrow

شخص كثير التنقل من مكان إلى آخر

e.g. He had a string of girl friends, but they were always here today, gone tomorrow.

**toes**

keep sb on their toes

تجبر شخصاً على العمل المستمر

e.g. He gave me a couple of extra things to do just to keep me on my toes.

make sb's toes curl تشعر بالإحراج

والخجل الشديد من جراء عمل قام به آخر

e.g. The very thought of what she said makes my toes curl.

**toe-curling** مُخْجَل

e.g. She gave a toe-curling performance on the guitar.

**curl sb's toes** يَخُوف ، يَصْدَم

e.g. A loud scream from the next room made her toes curl.

**step/tread on sb's toes** يَزْعَج أو يَضَاقِق

شَخْصًا وَخِصُوصًا بِتَدْخُلِهِ فِي عَمَلِهِ أَوْ اخْتِصَاصَاتِهِ

e.g. I'd like to make some changes in the working procedures, but I don't want to tread on anyone's toes.

toffee

**can't do sth for toffee**

لا يَجِيدُ الْعَمَلَ، عَمَلُهُ لَا يَسَاوِي شَيْئًا

e.g. Annie couldn't act for toffee, but she still got a part in the school play.

**toffee-nosed**

**toffee-nosed**

شَخْصٌ مُتَكَبِّرٌ يَتَعَالَى عَلَى مَنْ هُم دُونَهُ اجْتِمَاعِيًّا

e.g. She's much nicer than that toffee nosed sister of hers.

together

**get it together** ١. يَرْتَبِ الْعَمَلَ

e.g. We were planning a trip to India, but we never got it together.

٢. (بَيْنَ اثْنَيْنِ) يَمَارِسَانِ الْجِنْسَ مَعًا

e.g. We met a few times before, but we didn't really get it together till Rachel's party.

toing

**toing and froing**

١. التَّرَدُّدُ مَجِيئَةً وَذَهَابًا بَيْنَ مَكَانَيْنِ

e.g. The job involves a lot of toing and froing between London and New York.

٢. تَرَدُّدٌ بَيْنَ فِكْرَةٍ وَأُخْرَى، أَوْ طَرِيقَةٍ وَأُخْرَى أَوْ خَطَّةٍ

وَأُخْرَى بِمَا فِيهِ مِنْ مَضِيعَةٍ لِلْوَقْتِ

e.g. The legal toing and froing will delay payment to Horden of the L 10 million due

on the contract.

toll

**take a/its/their toll** يُنْهَكَ قُوَى

e.g. Bringing up nine children had taken its toll on my mother

Tom

**Tom, Dick and/or Harry** إِشَارَةٌ إِلَى أَى

شَخْصٍ لَا تَعْرِفُهُ وَلَا تَهْتَمُ بِهِ، كُلٌّ مِنْ هَبِّ وَدَبِّ

e.g. Draw the curtains or we'll have every

Tom, Dick and Harry peering through the window.

tomorrow

**like there's no tomorrow**

**as if there was/were no tomorrow**

بِمَنْتَهَى السَّرْعَةِ وَيَشْغَفُ كَأَنَّهُ لَا يَوْجَدُ غَدًا

e.g. She's spending money like there's no tomorrow and I don't know how to stop her.

**tomorrow's another day**

(لِشَخْصٍ) تَشْجَعُ فَهِنَاكَ دَائِمًا غَدًا

e.g. We've not made much progress today, but don't worry, tomorrow's another day.

ton

**be/come down on sb like a ton of bricks**

يَنْهَالُ عَلَى شَخْصٍ تَعْنِيفًا، يَعْتَفُ بِكُلِّ قُوَّةٍ

e.g. When he failed to supply his accounts, tax inspectors came down on him like a ton of bricks.

**hit sb like a ton of bricks**

تَفَاجِعِي أَوْ تَصَدَّمُ شَخْصًا بِشَدَّةٍ

e.g. The truth hit him like a ton of bricks.

The woman in the video was his own sister.

**weigh a ton** ثَقِيلُ الْوِزْنِ جَدًّا

e.g. This suit case weighs a ton!

tone

**lower the tone**

يَجْعَلُ الشَّيْءَ أَقْلَ قِيَمَةٍ، يَسْقُطُ مِنْ قِيَمَةِ الشَّيْءِ

e.g. The locals don't like students living

around here. It lowers the tone of the neighbourhood.

**opposite raise the tone** يرفع مستوى

e.g. A preface from a local clergyman had raised the moral tone of the book.

**set the tone** يرسى نفمة، يعطى صورة للجو العام

e.g. He was furious when she arrived late, and that set the tone for the whole evening.

**tongue**

**tongue in cheek**

**with your tongue in your cheek**

يتكلم مازحاً مع أن الكلام يبدو جاداً

e.g. And we all know what a passionate love life I have! he said, tongue in cheek.

**tongue in cheek**

**tongue-in-cheek**

e.g. She writes a very engaging and at times tongue-in-cheek account of her first meeting with the royal family.

**bite your tongue**

تتوقف عن قول شيء تريد أن تقوله

e.g. I really wanted to tell her what I thought of him but I had to bite my tongue.

**find your tongue**

تكلم بعد فترة من الصمت إما من خوف أو اضطراب عصبى - تنفك عقدة لسانك

e.g. Amy took a step forward and finally found her tongue. I'm Rhoda's friend, she said.

**get your tongue around/round sth**

تنطق كلمة صعبة النطق

e.g. I just can't get my tongue around some of those Welsh place names.

**hold your tongue**

تتوقف عن الكلام، تصون لسانك

e.g. George had learned to accept these little insults. He held his tongue.

**loosen your tongue**

تنفك عقدة لسانك، تتكلم دون ضابط

e.g. Her tongue loosened by drink, she began to say things that she would later regret.

**roll/trip off the tongue**

كلمة أو عبارة سهلة النطق

e.g. The band is called 'Acquired Echoes'. It doesn't exactly trip off the tongue, does it?

**tongue-lashing**

توبيخ عنيف

e.g. The manager gave his team a tongue-lashing after they'd lost the game.

**tongues**

**set/start tongues wagging**

يعمل ما يسبب ثرثرة الناس عنه

e.g. His late night visit to her home has set tongues wagging.

**tools**

**the tools of the/your trade**

معدات عملك، الأدوات التي تستعملها في عملك

e.g. For the modern sales executive, a car phone is one of the tools of the trade.

**down tools**

يرفض العمل لقلة العائد أو لظروف العمل

e.g. Thousands of steelworkers downed tools to demand more pay.

**tooth**

**fight tooth and claw/nail**

يحارب بضراوة لفعل شيء

e.g. We fought tooth and nail to retain our share of the business.

**top**

**the top brass**

أصحاب السلطة، عليية القوم، كبار الضباط

e.g. All the top brass turned out for the funeral.

**the top dog** أهم وأقوى شخص في مجموعة

e.g. Jackson was top dog and he made sure he got what he wanted.

**the top flight** أعلى مستوى في العمل أو الرياضة  
 e.g. The Sheffield Eagles move down to the second division after two seasons in the top flight.

**top-flight**

e.g. He was the absolute stereotype of top-flight executive.

**the top of the tree**

في أعلى مركز في العمل أو في منظمة، أعلى درجة  
 e.g. Who would have guessed that she would get to the top of the tree before her clever and talented brother?

**at the top of your voice** بأعلى صوتك

e.g. 'Stop it Nathan', she shouted at the top of her voice.

**be on the top of the world**

تشعر بمنتهى السعادة  
 e.g. She'd just discovered she was pregnant and she felt on the top of the world.

**be over the top** أزيد من اللازم، تخطى الحدود

e.g. I know he was angry, but attacking the waiter was way over the top.

**go over the top.**

e.g. They've gone a bit over the top with Christmas decorations this year.

**from top to bottom**

في كل مكان، من أعلى إلى أسفل  
 e.g. We searched the house from top to bottom but we couldn't find the letter.

**from top to toe**

من قمة الرأس إلى أخمص القدمين  
 e.g. He gazed at her across the room, dressed in black leather from top to toe.

**from/out of the top drawer**

علية القوم، الطبقة العليا  
 e.g. Caroline liked to pretend that she came from the very top drawer of society.

**top-drawer**

e.g. His designs are stocked by all the top-drawer retailers in London and New York.

**get on top of you**

موقف فوق احتمالك، يغلي، يفوق طاقتك فتعجز عن التعامل معه

e.g. She had a few financial problems and I think things have just been getting on top of her.

**off the top of your head** ارتجالاً، من القريحة

e.g. Off the top of my head I could probably only name about three women artists.

**on top of sth** (موقف) تتعامل معه بنجاح

e.g. We had a lot of work to do, but I think we're on top of it now.

**on top of** علاوة على

e.g. Semi-skilled production workers now earn L 53 a week. On top of that you get four weeks holiday with bonus.

**pay top dollar** تدفع زيادة لشيء

e.g. Investors can expect to pay top dollar for the stock.

**to top it all**

بالإضافة إلى كل هذا (عندما تتعدد المتاعب أو المصائب) وفوق كل هذا

e.g. The washing machine flooded, my car broke down, then to top it all I locked myself out of the house.

**top-notch** أحسن نوعية، أحسن نوع من شيء

e.g. We need to offer high salaries to attract top-notch staff.

Topsy ينمو بسرعة

**grow like Topsy**

e.g. The government must decide how to allocate health-care resources in the face of demand that is growing like Topsy.

**topsy-turvy**

**topsy-turvy** رأماً على عقب ١.

e.g. The governments topsy-turvy priorities mean that spending on education remains low. We're living in topsy-turvy times.

٢. (مكان) - مقلوب أى غير منظم .

e.g. He went out leaving the house all topsy-turvy.

**torch**

**carry a torch for** يحب من طرف واحد

e.g. Graeme's been carrying a torch for Linda for years.

**toss**

**argue the toss**

يحاول عبثاً تغيير قرار غير قابل للتغيير

e.g. Are you prepared to argue the toss when you might have to go to court to prove it?

**not care/give a toss** لا يهتم بشخص أو بشيء

e.g. She can say what she likes, I don't give a toss what she thinks.

**toss-up**

**a toss-up** التحكيم بالقرعة

e.g. It's a toss-up between Angela and Moira for the editor's job.

**touch**

**be an easy/soft touch** (شخص) سهل

(التعامل معه ولا سيما مالياً لأنه طيب وشغوق)

e.g. Her Dad's an easy touch. He's always giving her money.

**be in touch**

على صلة، على علاقة أو اتصال بشخص

e.g. Are you still in touch with Caroline?

**keep/stay in touch** يداوم على الاتصال

e.g. Her family have kept in touch with me since her death.

**opposite lost touch** تنقطع الصلة

e.g. I've lost touch with all my old college friends.

**get in touch**

اتصل (وخصوصاً للمرة الأولى أو بعد انقطاع)

e.g. Anyone who knew the victim should get in touch with the police.

**be out of touch** على غير علم بما يحدث في الوقت الحاضر، أو بدون صلة

e.g. Some of these judges are so out of touch, they've never even heard of Ecstasy.

**be out of touch with sth** شخص لا علم له بما يدور حول موضوع ما ولا عن فكرة الناس عنه

e.g. Too often politicians are out of touch with the electorate.

**opposite: in touch with**

على علم تام بما يدور حول موضوع ما

e.g. I try to stay in touch with what's going on in the arts world.

**lose your touch** تفقد كفاءتك أو مقدرتك على عمل شيء، أو تفقد العلاقة

e.g. It's good to see their goalkeeper is not losing his touch.

**touch-and-go**

**be touch-and-go** احتمال، شيء غير مؤكد

e.g. After the accident it was touch-and-go whether she would survive.

**touchy-feely**

**touchy-feely** تعبير عن العواطف بملامسة الأشخاص باليد بطريقة قد تكون محرجة

e.g. He's one of those touchy feely people who are always putting their arms round you.

**tough**

**tough love** يقسو على شخص من شدة الحب، (فليقس أحياناً على من يرحم)

e.g. Tough love is the only approach to take towards a relative hooked on drugs.

**tough shit** عبارة تعنى أنك لا تتعاطف مع

شخص إطلاقاً (محظور بذيء)

e.g. I know you don't want to go, but tough shit.

**a tough cookie** شخص يصبر على نيل ما يريدُه مهما كلفه الأمر، إنسان قوى الإرادة

e.g. We're talking about a woman who brought up six children on her own-she's one tough cookie.

**be as tough as old boots**

**be as tough as nails** جامد، قوى التحمل

e.g. 'Do you think Granddad will ever recover?' 'Of course, he's as tough as old boots'.

**be as tough as shoe leather**

(عن الأكل) يصعب قطعه أو أكله

e.g. The steak I had was as tough as old boot/as shoe leather.

**hang tough** تنمسك بأرائك ولا تتخلي عنها مهما حاول البعض إثناءك

e.g. The President is hanging tough on the hostage crisis.

**tour de force**

**a tour de force** أداء دور أو إنجاز يبين مدى المهارة التي يُعجب بها الناس

e.g. His performance as Richard III was a brilliant tour de force.

**tow**

**in tow** يجر في خيط واحد

e.g. She arrived with six small children in tow.

**town**

**be/go out on the town**

يستمتع بارتياح المطاعم والبارات .. إلخ في المساء

e.g. She stayed in her hotel room while the others went out on the town.

**a night (out) on the town**

e.g. At the end of the conference, the girls had a night on the town.

**go to town on sth**

يتخطى حدود المعقول، يفلت زمامه، ينفق ببذخ

e.g. Angie and Phil have really gone to town on their wedding.

**paint the town (red)**

تستمتع بوقتك وربما تشرب الكحوليات وترقص

e.g. Jack finished his exams today so he's gone out to paint the town red.

**toy**

**a toy boy**

**a boy toy**

شاب صغير على علاقة جنسية بامرأة أكبر منه بكثير

e.g. These movie stars seem to have a new boy toy every week.

**trace**

**sink without a trace**

بعد فترة من الشعبية والإعجاب تنحدر إلى النسيان

e.g. They enjoyed brief success with their second album and then sank without trace.

**traces**

**kick over the traces**

تتصرف كما تحب دون احترام للسلطة

e.g. Some kids go straight to university and spend the first year kicking over the traces.

**track**

**a track record** سجل بأعمال الشخص أو مؤسسة (سجل بالنجاحات أو الفشل)

e.g. They have a strong track record in rescuing ailing companies.

**keep track** يتابع أخبار شيء أو شخص

e.g. I don't know what he's doing now, he's had so many different jobs that it's difficult to keep track.

**opposite: lose track** العكس

e.g. I can't remember what her husband's called, she's been married so many times I've lost track.

**on track** (عمل أو موقف) ناجح وفي تقدم  
 e.g. If the peace talks remain on track, an agreement can be expected by the end of the month.

**put /get sb/sth back on track**

يُعدّل مسار ، يرجع إلى المسار السليم  
 e.g. Victory in New Hampshire put the President's failing election campaign back on track.

**tracks**

**cover your tracks**

تخفي آثار أو معالم تحركاتك أو جريمتك  
 e.g. Roberts covered his tracks by throwing the knife in the river and burying his wife's body.

**make tracks** يفادر المكان إلى مكان آخر  
 e.g. Jean, it's getting late. We'd better be making tracks.

**stop (sb) in their tracks** فجأة يتسمر في مكانه  
 e.g. A loud scream stopped me dead in my tracks.

**trade**

**ply your trade** تقوم بعملك المعتاد (تعبير أدبي)  
 e.g. Fishermen in small boats ply their trade up and down the coast.

**trail**

**blaze a trail** يقوم بدور ريادي، يشق الطريق أمام  
 e.g. The hospital has blazed a trail in developing new techniques for treating infertility.

**a trail - blazer** من قام بعمل ريادي، رائد  
 e.g. He will be remembered as a trail-blazer in cancer research.

**train**

**a train of thought** سلسلة من الأفكار المتصلة  
 e.g. You interrupted my train of thought. Now I can't remember what I was going to say.

**set in train** يبدأ حدثاً أو أحداثاً  
 e.g. His book set in train the events which eventually led to revolution.

**be in train** يجري أو جارٍ على قدم وساق  
 e.g. Investigations were in train to identify the person responsible for the theft.

**transport**

**be in a transport of delight/job**  
 يكون في حالة من السعادة (تعبير أدبي)  
 e.g. I looked up to the heavens and praised God, in a transport of delight.

**trap**

**fall into the trap of doing sth** تقع في شرك  
 e.g. Don't fall into the trap of buying the extra insurance.

**travel**

**have sth will travel** تملك المقدرة والخبرة على القيام بعمل ما في أي مكان  
 e.g. Have teaching qualification will travel!

**treat**

**go down a treat** شيء يستمتع به الناس  
 e.g. A cup of tea would go down a treat.

**work a treat** (عن شيء) فعّال جداً ، مؤثر  
 e.g. If you want to get rid of that wine stain, put some salt on it, it works a treat.

**tree**

**be out of your tree** يكون مختلاً عقلياً (بسبب المخدرات أو الكحوليات)  
 e.g. Is he going to build the extension himself? He's out of his tree!

**be up a gum tree**

**be up a tree** يكون في موقف صعب جداً (تعبير قديم)  
 e.g. If the insurance company won't pay for the damage, I'll be up a gum tree.

**trees**

**can't see the wood for the trees**

**can't see the forest for the trees**

يهتم بتوافه الأمور فلا يرى لب الموضوع

e.g. After you've spent years researching a single topic you get to a point where you can't see the wood for the trees.

**trick****do the trick**

يؤدي الغرض

e.g. If the sauce tastes a bit sour, add a teaspoon of sugar. That should do the trick.

**every trick in the book**

كل الخدع والألاعيب الممكنة لتحقيق غرضك

e.g. He used every trick in the book to get her to sign the contract.

**not miss a trick**

لا تفوته فرصة ليستغلها

e.g. You can rely on Sarah to get what she wants, she never misses a trick.

**turn a trick**

تقوم بعمل جنسى تتقاضى عنه أجراً (عامية سوقية)

e.g. She'd been known to turn a trick when she needed a few dollars.

**tricks****tricks of the trade**

أصول العمل، أصول اللعبة

e.g. As a journalist, you learn the tricks of the trade pretty quickly or you can't survive.

**tried****tried and tested/trusted****tried and true**

جُرب وثبتت جدارته

e.g. Most people would prefer to stick to tried and true methods of birth control.

**trigger-happy****trigger-happy**

من يستعمل المسدس (البندقية) دون تفكير

e.g. The book's main character is a trigger-happy New York detective.

**trojan****a trojan horse**

حصان طروادة، شخص أو شيء يهاجم جماعته

e.g. Traditional Labour supporters have accused the new leadership of being a Trojan horse trying to destroy the party from within.

**trolley****be off your trolley**

مخبول، مشوش العقل (فكاهي)

e.g. What are you doing? eating chocolate and cheese again? You're off your trolley.

**go off your trolley**

جُننت

e.g. Has he gone completely off his trolley? He'll never get away with it!

**trooper****swear like a trooper**

من يطلق اللعنات جزافاً

e.g. He came in drunk and swearing like a trooper.

**trot****on the trot**

١. الواحد تلو الآخر، متتالية

e.g. It's been a good year for Britain's top player, who has won seven matches on the trot.

٢. يقوم بعمل لمدة طويلة بلا انقطاع

e.g. He'd worked 48 hours on the trot and was totally exhausted.

**trouble****spell trouble**

يتسبب في مشاكل أو متاعب

(في المستقبل) - علامة للمشاكل

e.g. The continuing dry weather could spell trouble for farmers.

**truck****have no truck with sth/sb**

(غالباً منفي)

لا يريد أي تعامل أو تكوين علاقة مع شخص آخر

e.g. Our committee will have no truck with racist attitudes.

**true****true to form/type**

يجرى أو يحدث كما هو متوقع منهم

e.g. True to form, she turned up an hour later than we'd arranged.

**ring true** يبدو صادقاً ، نبرة صدق

e.g. Something about the story didn't quite ring true.

**there's many a true word spoken in jest**

كم من كلمة قيلت مزاحاً وانقلبت حقيقة

e.g. "At this rate we'll be walking all night." "Be careful- there's many a true word spoken in jest."

**true-blue** من يؤيد شيئاً أو شخصاً كلية

e.g. Tom's true-blue. He won't let us down.

**trump**

**a trump card**

الورقة الراحبة، ميزة خفية تمكن الشخص من نيل غرضه

e.g. The fact that I had an Italian parent turned out to be my trump card when I applied for the job.

**trumps**

**come up/turn up trumps**

يحصل على نتائج مبهرة غير متوقعة

e.g. John's uncle came up trumps and found us a place to stay at the last minute.

**trust**

**I wouldn't trust sb as far as I could**

**throw them** لا تثق بشخص ما إطلاقاً

e.g. John is charming, but I wouldn't trust him as far as I could throw him.

**truth**

**truth will out**

لا بد للحقيقة أن تظهر (كلام شبه رسمي)

e.g. They're bound to find out what you've done. Truth will out, you know.

**try**

**try it on**

يجرب حيلة، يجس النبض (عن سوء نية)

e.g. He's not really ill, he's just trying it on.

**tube**

**down the tube/tubes**

(شيء) يفشل أو يختفى - (شخص يفشل)

e.g. Our holiday plans went down the tube because of the train strike.

e.g. He's in danger of going down the tubes if he doesn't learn to get on with people at work.

**tub-thumping**

**tub-thumping** كلام أو سلوك مقصود به إرغام الناس على تأييد فكرة أو خطة

e.g. Far too much tub-thumping goes on during these debates.

**tune**

**change your tune**

تغير أفكارك نهائياً لتحقيق مصلحة ، يغير أسلوبه

e.g. He was against the idea to start with, but he soon changed his tune when I told him how much money he'd get out of it.

**dance to sb's tune**

تتصرف على هواه ، تكون معه في ونام وانسجام

e.g. Powerful local residents seem to have the council dancing to their tune.

**tuppence**

**not care/give tuppence**

لا يهتم إطلاقاً (بشيء ما)

e.g. She doesn't give tuppence for her family.

**turf**

**a turf war** حرب أو نقاش يحدد من له السيطرة على منطقة أو على وضع

e.g. The recent shootings in the city are part of a turf war between two gangs.

**turkey**

**a turkey shoot**

عراك أو حرب ينتهي قطعاً بتفوق الأقوى

e.g. Their aircraft destroyed every military camp in a three-day turkey shoot.

**talk turkey**

يناقش مشكلة بجدية عازماً على حلها

e.g. If the two sides in the dispute are to meet, they must be prepared to talk turkey.

**turkeys****like turkeys voting for (an early)**

Christmas يتقبل وضعاً ضاراً جداً به

e.g. Teachers agreeing to even larger class sizes would be like turkeys voting for Christmas.

**turn**

a turn of phrase ١. طريقة أو أسلوب في الكلام

e.g. 'Significant other', meaning 'partner', now that's an interesting turn of phrase.

٢. القدرة على التعبير

e.g. She has a nice turn of phrase which should serve her well in journalism.

**a turn of the screw**

عمل أو تصرف يزيد الأمر سوءاً خصوصاً إن كنت تريد إرغام شخص على عمل ما

e.g. Each letter from my bank manager is another turn of the screw.

at every turn في كل ناحية

e.g. Throughout his life, he felt himself stifled by his father at every turn.

**be cooked/done to a turn**

تُطبخ لمدة كافية، مطهو بشكل فاخر

e.g. The beef was done to a turn.

**speak/talk out of turn**

تقول كلاماً في غير موضعه وليس لك الحق في قوله

e.g. I'm sorry if I spoke out of turn, but somebody had to tell him the facts.

take a turn for the worse يتجه نحو الأسوأ

e.g. Their relationship took a turn for the worse when he lost his job.

**turnabout****turnabout is fair play**

تناوب العمل هو الأسلوب العادل

e.g. You cook dinner tonight, I cooked last night. Turnabout is fair play.

**turtle**

turn turtle (قارب) ينقلب على وجهه في الماء

e.g. We lost all our diving gear when the boat turned turtle just off the shore.

**twain****Never the twain shall meet**

لن يلتقى الطرفان (تعبير أدبي)

e.g. Psychologists support behavioural therapy, pharmacologists support drugs and never the twain shall meet.

**twilight**

a twilight zone المنطقة عند نهاية شيء وبداية شيء آخر (وخصوصاً إذا كان الوضع غامضاً)

e.g. She'd been unconscious ever since she fell, trapped in the twilight zone between life and death.

**twinkle**

when sb. was a (mere) twinkle in their

father's eye قبل أن تولد (تعبير فكاهي)

e.g. All this happened a very long time ago, when you were a mere twinkle in your father's eye.

twinkling of an eye طرفة عين، بسرعة كبيرة

e.g. This machine will do all the calculations in the twinkling of an eye.

**twist****drive/send sb round the twist**

يغضب شخصاً باستمراره القيام بما يغضبه

e.g. This non-stop banging is driving me round the twist.

round the twist يُجن، يفقد عقله

e.g. She's completely round the twist, just sits there all day talking to herself.

two

**two can play at that game**

عندما تؤدي شخصاً رداً على إيدائه لك سابقاً

e.g. So she's been spreading rumours about me, has she? Well, two can play at that game.

**be in/of two minds**

يكون مُتذبذباً، غير قادر على اتخاذ قرار

e.g. I was in two minds whether or not to come this morning.

**be like two peas in a pod** شينان شديداً الشبه

e.g. You can tell they're brothers at a glance. They're like two peas in a pod.

**be two of a kind** اثنان متشابهان في الشخصية

e.g. Amy and I are two of a kind. That's why we've stayed friends for long.

**fall between two stools**

**be caught between two stools** تفشل  
لمحاولتك الجمع بين شيئين مختلفين، تقع بين مشكلتين  
e.g. If you try to organize an event that will appeal to both young and old, you can end up caught between two stools.

**for two cents**

تقوم بعمل لا تقاضى عنه إلا أقل القليل (لأنك ترغب في عمله ولو مجاناً) بدون مقابل .

e.g. For two cents I'd hit him. He's so darned spoiled and stuck up.

**not have two pennies to rub together**

**not have two nickles to rub together**  
كناية عن شدة الفقر

e.g. She's been out of work for months and doesn't have two pennies to rub together.

**it takes two to tango** إذا قام اثنان باقتراف

جريمة فكلاهما مسئول - عمل يحتاج اثنين

e.g. 'She blames Tracy for robbing her husband'. 'Well, it takes two to tango.'

**kill two birds with one stone**

يضرب عصفورين بحجر

e.g. I killed two birds with one stone and saw old friends while I was in Leeds visiting my parents.

**(There's) no two ways about it**

ولا كلام آخر (تؤكد صحة ما تقوله)

e.g. Patricia was the meanest person I've ever met. No two ways about it.

**put your two cents (worth) in**

تقدم رأيك في مناقشة دون أن يطلب منك

e.g. She always has to put her two cents worth in! Why can't she just keep quiet?

**your two cents (worth)**

e.g. Stay out of this. If we want your two cents we'll ask for it!

**put in/stick in your two pennyworth**

تقدم رأيك في مناقشة مع أن رأيك غير مطلوب

e.g. Whenever the subject of hunting comes up you can rely on anthony to put his pennyworth.

**put two and two together**

تضع معلوماً تك بجانب بعضها البعض واستنتج الحقيقة

e.g. I didn't tell her my husband had left, but she's noticed his car was missing and put two and two together.

**put two and two together and get/make**

five  
يخطئ في التخمين

e.g. She thought I was pregnant. I was sick a couple of times and she put two and two together and made five.

**put/stick two fingers up at sb/sth**

يبين أنه غاضب من شخص ولا يكن له أى احترام

e.g. These protest marches are a way of putting two fingers up at politicians.

**that makes two of us** كناية على أنك في نفس

الموقف السيئ مع شخص آخر أو أنك تشاركه السخط على موقف ما ، وأنا كمان (ع.م)

e.g. I found his talk really boring. That makes two of us!

**two's company (three's a crowd)**

شخصان يريدان الانفراد ولا يريدان ثالثاً بينهما

e.g. They asked me to go to the cinema with them, but two's a company if you know what I mean.

**two - bit**

two-bit شخص أو شيء قليل القيمة

e.g. The man was shot by a two-bit crook who nobody ever heard of.

**two-faced**

two-faced منافق ، ذو وجهين

e.g. Have you seen what he wrote about us? He seemed so nice when we spoke on the phone. What a two-faced bastard!

**two-time**

two-time sb تقوم بعلاقة غرامية مع شخصين في وقت واحد

e.g. If I ever found out she was two-timing me, I'd kill her.

**two-timing**

You should get rid of that two-timing boy friend of yours.

**two-timer.**

e.g. He's just a dirty two-timer.

**two-way**

**a two-way street**

موقف يتبين فيه ما لك وما عليك

e.g. Talks with the nurses have to be a two-way street. If they want to discuss salaries we want to discuss their performance.

**type**

**revert to type**

بعدهما تحسن سلوكه لفترة يعود إلى نمطه الأول - يرجع لأصله (م.ع) ، الطبع غلاب (م.ع)

e.g. After several weeks without saying a rude word to anyone, he seems to have reverted to type.