

## LIST OF FIGURES

<b>Figures</b>		<b>Page</b>
<b>1</b>	Distribution of the studied elderly subjects according to their marital status.....	<b>40</b>
<b>2</b>	Distribution of the studied elderly subjects according to their living arrangement.....	<b>43</b>
<b>3</b>	Distribution of the studied elderly subjects according to Total Activities of Daily Living scale (ADLs). ....	<b>47</b>
<b>4</b>	Distribution of the studied elderly subjects according to Total Instrumental Activities of Daily Living scale (IADL). ....	<b>51</b>
<b>5</b>	Distribution of the studied elderly subjects according to Cooper Smith self-esteem inventory scale.....	<b>52</b>
<b>6</b>	Distribution of the studied elderly subjects according to Beck's Depression Inventory Scale.....	<b>53</b>
<b>7</b>	Distribution of the studied elderly subjects according to Taylor's Manifest Anxiety Scale. ....	<b>54</b>
<b>8</b>	Distribution of the studied elderly subjects according to their immediate memory.....	<b>56</b>
<b>9</b>	Distribution of the studied elderly subjects according to Dementia Screening Scale. ....	<b>58</b>
<b>10</b>	Comparison between the studied elderly subjects living in the community and the studied elderly subjects resident in elderly homes according to their age.....	<b>60</b>
<b>11</b>	Comparison between the studied elderly subjects living in the community and the studied elderly subjects resident in elderly homes according to their Activities of Daily Living scale (ADLs). ....	<b>68</b>
<b>12</b>	Comparison between the studied elderly subjects living in the community and the studied elderly subjects resident in elderly homes according to their Instrumental Activities of Daily Living scale (IADLs). ....	<b>71</b>
<b>13</b>	Comparison between the studied elderly subjects living in the community and the studied elderly subjects resident in elderly homes according to their level of self-esteem. ....	<b>72</b>
<b>14</b>	Comparison between the studied elderly subjects living in the community and the studied elderly subjects resident in elderly homes according to Beck's Depression Inventory Scale. ....	<b>73</b>
<b>15</b>	Shows Comparison between the studied elderly subjects living in the community and the studied elderly subjects resident in elderly	<b>74</b>

homes according to Taylor's Manifest Anxiety Scale. ....

**16** Comparison between the studied elderly subjects living in the community and the studied elderly subjects resident in elderly homes according to their recent memory. .... **78**

**17** Comparison between the studied elderly subjects living in the community and the studied elderly subjects resident in elderly homes according to Dementia Screening Scale. .... **79**

## LIST OF ABBREVIATIONS

<b>AAMI</b>	Age-associated memory impairment
<b>AD</b>	Alzheimer's disease
<b>ADLS</b>	Activity of daily living scale
<b>AIM</b>	Age-related memory impairment
<b>COPD</b>	Chronic obstructive pulmonary disease
<b>DALYS</b>	Disability adjusted life years
<b>GAD</b>	Generalized anxiety disorder
<b>HIV</b>	Human immunodeficiency virus
<b>IADLS</b>	Instrumental activities of daily living
<b>ICD 10</b>	International Statistical Classification of Diseases and Related Health Problems 10th Revision
<b>MCI</b>	Mild cognitive impairment
<b>MEPS</b>	Medical Expenditure Panel Survey
<b>NHC</b>	Nursing Home Component
<b>NNHS</b>	National Nursing Home Survey's
<b>PA</b>	physical activity
<b>PSMS</b>	Physical Self- Maintenance Scale
<b>REM</b>	Rapid eye movement
<b>ROS</b>	Reactive oxygen species
<b>U. K</b>	United Kingdom
<b>U. S</b>	United states
<b>UAE</b>	United Arab Emirates
<b>USA</b>	United States of America